

Flu Alert: Visitor Policy Update

Influenza is currently widespread in our community. Because people are contagious before they are sick, Southwestern Vermont Medical Center has temporarily changed its visitor policy as follows:

- **No children under the age of 18 will be allowed into the hospital**
- **No visitors with respiratory or gastrointestinal symptoms (fever, sore throat, cough, vomiting, or diarrhea).**
- **Two visitors at a time**



Patients most at risk for serious complications from the flu are:

- Pregnant women
- Newborns
- Pediatric patients
- Elderly

Thank you for your understanding and your help in protecting our most vulnerable patients.