SOUTHWESTERN VERMONT MEDICAL CENTER

ExpressCare will treat:

- Mild abdominal pain (above belly button)
- Mild allergic reaction
 - No facial or throat swelling
 - No fainting or near fainting, shortness of breath, or chest pain
- Mild chest pain in those younger than 40
- Cough, cold, and flu symptoms
- Dizziness
 - No vision or speech change, numbness or weakness
- Earache, sore throat, and sinus symptoms
- Minor eye injury, infection, or irritation
- Broken bones
- Moderate headache
- Head injury without symptoms
 - No concussions
- Mild moderate pain
- Rashes, stings, and bites
- Mild shortness of breath or wheezing
- Minor trauma
 Lacerations, burns, strains, sprains, and fractures
- Urinary tract infections

Emergency Department will treat:

- Moderate severe abdominal pain or pain in lower abdomen
- Moderate severe allergic reaction
 - Facial swelling, fainting, near fainting, shortness of breath, or chest pain
- Moderate severe chest pain or chest pain in those older than 40 years old or chest pain with symptoms such as shortness of breath, sweating, and nausea
- Severe dizziness or dizziness with vision change, numbness, or weakness
- Fainting or near-fainting
- Severe or unusual headache
- Head injury with symptoms
- Kidney stone evaluation
- New numbness or weakness of arm, leg, or face
- Severe pain
- Racing or skipping heart
- Poisoning or overdose
- Moderate severe shortness of breath or wheezing
- Suicidal thoughts
- Speech difficulty
- Vision loss
- Major trauma
 - Cut, burn, or fracture



802-440-4077 | svhealthcare.org/expresscare